



LIVING IN PLAID BLOG

Gentle Parenting Resources

Top resources on Gentle Parenting

The Mom Psychologist

Dr. Jasmine, as she's known, is a clinical psychologist specializing in children. She is a mom of 2 beautiful girls and has a wealth of personal & professional knowledge.

Find her on Instagram @themompsychologist or on YouTube @themompsychologist

Simply on Purpose

Ralphie is a calm in the storm of parenting. She has a degree in Early Childhood Education and leads workshops in Positive Parenting. She has a plethora of free content,

audio courses, and in-person workshops. Find her on

Instagram @simplyonpurpose or her website simplyonpurpose.org

Our Mama Villiage

Jess is a licensed psychotherapist based in Canada. She has 2 littles of her own, as well as thousands of hours of

clinical work. Her goal is to help raise emotionally intelligent children, and help parents with their mental health in the process. Her free content, and paid courses are so valuable to build a mindset of positive change. Find her on Instagram @ourmamavilliage or her website

ourmamavilliage.com

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More at www.livinginplaid.blog